

# Don't Miss These Dates!



FALL 2025

<b>AUG 17</b>	<u>MEAL PLANS BEGIN</u> FOR FALL SEMESTER
<b>AUG 25</b>	<u>FIRST DAY OF CLASSES</u> FALL 2024
<b>SEP 8</b>	<u>LAST DAY TO CHANGE</u> FALL MEAL PLAN
<b>DEC 19</b>	<u>LAST DAY FOR MEAL PLANS</u> FOR FALL SEMESTER

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## For Resident Students

### Study Hard, Eat Well



### MEAL PLAN GUIDE RESIDENT STUDENTS 2025-2026



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## Choose Less Stress

FIT Dining provides a range of delicious and healthy options with meal plans that nourish your campus experience.



#### ONLY THE BEST

Fresh, sustainable and local are just a few of the quality indicators you'll find served up every day in our chef-inspired, on-trend menus that always feature vegan, vegetarian, and plant forward options.



#### TOOLS TO THRIVE

Our team of culinary and nutrition experts are dedicated to delivering well-balanced, nutritious, and specialized diet options with complete menu transparency—because you have enough to worry about.



#### ALL FOR YOU

Your satisfaction is our highest priority. By creating a student-focused culture personalized with special events, tastings, themed menus, and cooking demos, we foster a connected campus community.

## More to Explore

As part of our campus family, we continuously look for new ways to ensure you live your best life.



#### SPECIAL EVENTS

Our calendar is always bursting with student-focused events that bring the campus community together.



#### SUSTAINABILITY

We strive to minimize our environmental impact and create opportunities for students to join in our efforts.



#### NUTRITION

Our chefs and registered dietitian are eager to assist with any dietary restrictions or concerns each student may have. Follow us on Instagram @farmingdaledining to catch monthly nutrition events and tips!







# Know Your Perks

College can be demanding so your meal plan should be effortless and on your schedule.

### READY-TO-EAT MEALS

Your appetite will meet its match in the at the Dubinsky Dining Hall, campus cafe. Enjoy a wide variety of options to fit any palette.

### CONVENIENCE ON-THE-GO

We know the struggle of balancing everything and getting a good meal. That’s why we offer the best quality and convenience in our dining locations.



Dining location information and hours of service are available at:  
[fit.campusdish.com](https://fit.campusdish.com)



### MEAL SWIPES

Meal swipes are used to “purchase” meal combos from the Dubinsky Center Dining Hall. Each station provides multiple options for your meal; combine one entree with an approved side, dessert and fountain beverage for a meal to go. There are several meal options for breakfast, lunch and dinner. Meal swipes come with almost all meal plans.



### TIGER BUCKS

Tiger Bucks are included with your meal plan and can be used for dollar-for-dollar purchases at all dining locations on campus. Think of Tiger Buckss as a debit fund for food purchases on campus.



### MEAL EXCHANGE

Meal exchanges can be used to purchase select meals to-go at Starbucks using a meal swipe. The Starbucks meal exchange is available only with the Fashionista Plus Plan and is a great way to increase your meal spending power.

## Find Your Fit

First-year, full-time resident students in traditional housing will automatically be placed on the Fashionista Plan. Frist-year students in non-traditional housing will be placed on the Designer Plan but can opt for a larger plan. Returning resident students living in Kaufman Hall can choose any plan but must be on at least the Tiger \$525 plan but can easily upgrade to the Tiger Block Plan for additional and more economical spending power.

*MEAL PLAN	**# OF MEALS	TIGER BUCKS	PRICE
Fashionista Plan	250	\$400	\$2,890
Designer Plan	95	\$450	\$1,840
Tiger Plan	N/A	\$525	\$525
Tiger Block Plan	75	\$425	\$1,250

### IMPORTANT NOTICE FOR RESIDENTIAL STUDENTS:

Housing and Residence Life assigns your default meal plan. Changes to your plan can be made by emailing Housing at:  
[Residentiallife@fitnyc.edu](mailto:Residentiallife@fitnyc.edu)

**You do not need to purchase your meal plan through the dining website.** You can, however, add additional Tiger Bucks to your plan through the dining website:  
[fit.campusdish.com](https://fit.campusdish.com)

Contact our General Manager, Jan Weissberg at [weissberg-jan@aramark.com](mailto:weissberg-jan@aramark.com).

You can review your meal plan selection, as well as your meal swipe and Tiger Buck balance, here.



### IMPORTANT NOTES:

- \*Meal plan assignment is based on status and housing assignment. First-year students in traditional housing must have the Fashionista Plan. First-year students in non-traditional housing must have a minimum of the Designer Plan. Students living in Kaufman Hall must have a minimum of the Tiger Plan.
- \*\*Meals should be used at the Dubinsky Center Cafe for a full meal to go. Check posted menus for what is included in a meal.

For terms and conditions, go to [fit.campusdish.com](https://fit.campusdish.com).

