

# Don't Miss These Dates!



## FALL 2025

AUG  
17

MEAL PLANS BEGIN  
FOR FALL SEMESTER

AUG  
25

FIRST DAY OF CLASSES  
FALL 2024

SEP  
8

LAST DAY TO CHANGE  
FALL MEAL PLAN

DEC  
19

LAST DAY FOR MEAL PLANS  
FOR FALL SEMESTER

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## For Resident Students

### Study Hard, Eat Well



## MEAL PLAN GUIDE RESIDENT STUDENTS 2025-2026



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## Choose Less Stress

FIT Dining provides a range of delicious and healthy options with meal plans that nourish your campus experience.



### ONLY THE BEST

Fresh, sustainable and local are just a few of the quality indicators you'll find served up every day in our chef-inspired, on-trend menus that always feature vegan, vegetarian, and plant forward options.



### TOOLS TO THRIVE

Our team of culinary and nutrition experts are dedicated to delivering well-balanced, nutritious, and specialized diet options with complete menu transparency—because you have enough to worry about.



### ALL FOR YOU

Your satisfaction is our highest priority. By creating a student-focused culture personalized with special events, tastings, themed menus, and cooking demos, we foster a connected campus community.

## More to Explore

As part of our campus family, we continuously look for new ways to ensure you live your best life.



### SPECIAL EVENTS

Our calendar is always bursting with student-focused events that bring the campus community together.



### SUSTAINABILITY

We strive to minimize our environmental impact and create opportunities for students to join in our efforts.



### NUTRITION

Our chefs and registered dietitian are eager to assist with any dietary restrictions or concerns each student may have. Follow us on Instagram @fitdining to catch monthly nutrition events and tips!







College can be demanding so your meal plan should be effortless and on your schedule.

READY-TO-EAT MEALS

Your appetite will meet its match in the at the Dubinsky Dining Hall, campus cafe. Enjoy a wide variety of options to fit any palette.

CONVENIENCE ON-THE-GO

We know the struggle of balancing everything and getting a good meal. That’s why we offer the best quality and convenience in our dining locations.



MEAL SWIPES

Meal swipes are used to “purchase” meal combos from the Dubinsky Center Dining Hall. Each station provides multiple options for your meal; combine one entree with an approved side, dessert and fountain beverage for a meal to go. There are several meal options for breakfast, lunch and dinner. Meal swipes come with almost all meal plans.



TIGER BUCKS

Tiger Bucks are included with your meal plan and can be used for dollar-for-dollar purchases at all dining locations on campus. Think of Tiger Buckss as a debit fund for food purchases on campus.

Know Your Perks

Find Your Fit

First-year, full-time resident students in traditional housing will automatically be placed on the Fashionista Plan. Frist-year students in non-traditional housing will be placed on the Designer Plan but can opt for a larger plan. Returning resident students living in Kaufman Hall can choose any plan but must be on at least the Tiger \$525 plan and can easily upgrade to the Tiger Block Plan for additional and more economical spending power.

*MEAL PLAN	**# OF MEALS	TIGER BUCKS	PRICE
Fashionista Plan	250	\$400	\$2,890
Designer Plan	95	\$450	\$1,840
Tiger Plan	N/A	\$525	\$525
Tiger Block Plan	75	\$425	\$1,250

IMPORTANT NOTICE FOR RESIDENTIAL STUDENTS:

Housing and Residence Life assigns your default meal plan. Changes to your plan can be made by emailing Housing at: Residentiallife@fitnyc.edu

**You do not need to purchase your meal plan through the dining website.** You can, however, add additional Tiger Bucks to your plan through the dining website: fit.campusdish.com

Contact our General Manager, Jan Weissberg at weissberg-jan@aramark. com.

You can review your meal plan selection, as well as your meal swipe and Tiger Buck balance, here.



IMPORTANT NOTES:

- \*Meal plan assignment is based on status and housing assignment. First-year students in traditional housing must have the Fashionista Plan. First-year students in non-traditional housing must have a minimum of the Designer Plan. Students living in Kaufman Hall must have a minimum of the Tiger Plan.
- \*\*Meals should be used at the Dubinsky Center Cafe for a full meal to go. Check posted menus for what is included in a meal.

For terms and conditions, go to fit.campusdish.com.



Dining location information and hours of service are available at: fit.campusdish.com