



Designed for the ultimate in convenience, this catering menu offers a variety of freshly prepared snacks, meals and drinks.

All offerings listed require advanced notice for preparation.

All items are self-service, to be picked up by the ordering party at a location and time determined upon ordering.

All food and beverage orders will be packaged and include appropriate disposable service ware.

planning an event

Call the FIT Catering Office at 212.217.5775 or visit our office to place your order. This brochure was developed to assist in planning events and contains some of the most popular items for student events. Our catering manager can help you plan any type of event from start to finish. If you have a particular request, just ask & we will be happy to develop custom menus for any occasion.

ordering information

We request that all pick-up orders be arranged well in advance of the requested pick up time. When planning large or complex gatherings-or events with wait staff-even more time is helpful. Payment may be made by cash, check, or campus budget number.

helpful hints for party planning

Food Quantities

The time of day and purpose of the occasion will influence the quantity of food you will need. If you are serving light snacks or refreshments during or near meal times, you will typically need a larger quantity than between meal periods. The quantities planned for per person events are average size portions. We can help you determine the appropriate amounts for your group.

Pick-Ups

The most economical way to host a party is to pick up the food and set it up yourself. Orders can be picked up at our catering kitchen. We can help you with transport and loading – i.e., loading a cart, etc. If you will need assistance, it's helpful to ask at the time the order is placed.

Equipment and Location

All orders are packed in disposable containers. Appropriate serving utensils are included with your order.

Standard University procedures should be followed when reserving rooms. Contact the catering office if you need more information.

We can also deliver your order to any campus location. Delivery charges vary and are based on the quantity of food ordered.

looking for more?

Need catering for a large event, or a more formal affair? We are here for you! We offer many impressive appetizers and full-scale meals for any occasion in our traditional catering menu.

contact us today

212.217.5775
lebet-jay@aramark.com
Prices effective until 08/01/2016



SIMPLE TAKEAWAYS

fresh & delicious

FIT Catering is committed to providing affordable catering services for your special events. Many styles of catering services are available. Please contact the catering office for other menu selections and pricing.



rise and shine!

These selections are packaged and ready to go first thing in the morning. Each selection is specially priced and sold per person.

Danish \$1.49

Muffins \$1.49

Donuts \$1.49

Bagels and Cream Cheese \$1.49

get started

thirsty?

Each selection is specially priced and sold per person unless otherwise specified.

Fresh Coffee \$1.99

Orange Juices \$1.99

Lemonade \$1.49

Iced Tea \$1.49

Canned Soda \$19.00 case, 12oz

Bottled Water \$18.00 case, 12oz

Hot Chocolate \$1.79

Sparkling Apple Cider \$8.99 per bottle

dinner in a hurry

All you have to do is pick up and serve.
Half pan serves 10-12 and full pan serves 15-20.

Baked Ziti \$30/\$55

Pesto Lasagna \$35/\$60

Chicken Parmesan \$40/\$75

Eggplant Parmesan \$35/\$60

Meatballs in Marinara \$35/\$60

Chicken and Broccoli Stir Fry \$40/\$75

Teriyaki Salmon \$45/\$80

Turkey Pot Stickers \$35/\$60

Hern Roasted Salmon \$45/\$80

Fried Flounder \$40/\$75

Macaroni and Cheese \$20/\$35

French Fries \$15/\$25

Rice Pilaf \$20/\$35

Steamed Vegetables \$15/\$25

Roasted Potatoes \$20/\$35



finger foods

Great munchies to go. 50 pieces unless otherwise noted.

Chicken Fingers \$50.00

Served with Honey Mustard Dipping Sauce

Chicken Wings \$50.00

Served with Asian BBQ or Buffalo-style Red-hot Glaze

Fresh Veggie Tray \$35.00

Seasonal Vegetables served with Ranch Dressing for dipping

Seasonal Fruit Tray \$35.00

The season's best Fruit.

Cheese & Cracker Tray \$45.00

An assortment of Domestic Cheeses served with Crackers

Fried Mozzarella Sticks with Marinara \$45.00

Franks in a Blanket \$45.00

Pizza Bagels \$40.00

Vegetable Samosas \$40.00

Spanakopita \$45.00

deli

includes mustard and mayonnaise.

3' Hero \$55.00

6' Hero \$95.00

American, Italian, or Vegetarian

togo!

desserts

Cookies and brownies are priced by the piece, cakes are priced as marked.

Gourmet Cookies \$.99

Brownies \$1.29

1/2 Sheet Cake Serves 50 \$75.00

Full Sheet Cake Serves 100 \$125.00

munchies

everybody loves pizza

Cheese Pizza \$14.00

Fresh, hot and delicious pizza made from scratch.

Each additional topping \$1.50

Pepperoni, Sausage, Mushroom and Vegetable